



PRODUCT PORTFOLIO



Europe's Outdoor Fitness Pioneer
Since 2001



DENFIT

INTERNATIONAL LTD.

Welcome to Denfit

Why Denfit?

Outdoor fitness is no longer a trend. It's a permanent shift in how communities think about public health, urban space, and inclusive wellbeing. Denfit has been ahead of that curve since 2001.

For over two decades, we have designed and manufactured premium outdoor fitness equipment in the Netherlands, combining Dutch engineering precision with a genuine passion for sport and movement. The result: more than 250 products, trusted by municipalities, developers, and fitness professionals across 40+ countries on every continent.

Quality you can see and touch. Every piece is manufactured in Staphorst, the Netherlands, to EN16630, the European standard for permanently installed outdoor fitness equipment. Built in stainless steel, hot-dip galvanized steel, and powder-coated finishes, our equipment performs in any climate and lasts decades, not years.

Design that stands out. Available in a wide range of colours and finish options, including custom-made solutions, our equipment turns outdoor spaces into something people actually want to use.

Truly inclusive. From senior vitality programs to wheelchair-accessible devices, from calisthenics to obstacle trails, our range covers every age group and ability level.

Smart and multifunctional. Adjustable resistance, space-efficient layouts, and built-in access to the Denfit app, exercise videos, muscle group guidance, and workout tracking on iOS and Android.

A partner, not just a supplier. With 50+ agents worldwide and short lines to our team, you get personal attention and fast decisions, on standard installations and fully custom projects alike.





Professional SportPoint

With these fitness products you bring the indoor gym outside for a complete workout whenever you want. Meeting training buddies in the open air and making new ones. Training with adjustable weights and benefiting from the diversity of fitness exercises that can be done on every device. Both for beginners and advanced athletes the perfect opportunity to workout hard physically and empty your head during strength and cardio exercises.

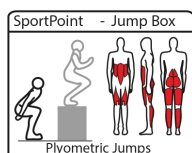
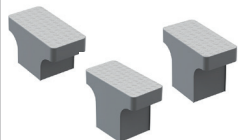
The units can be installed directly on concrete or with their own rubber floor on any flat surface. The devices can be placed in a circle, cross or snake pattern. A complete workout is possible on every device. Each device is provided with an instruction sticker showing the exercise and trained muscle groups. In addition, the sticker has a QR code, which makes a large number of alternative exercises available. In addition, YouTube videos can be found per device, in which all exercises are shown.



Professional SportPoint



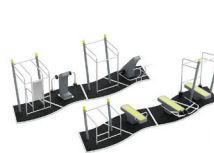
Jump-box
45-60-75cm



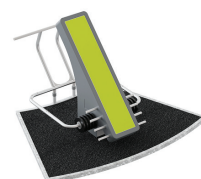
SportPoint circle



SportPoint snake



SportPoint on floor

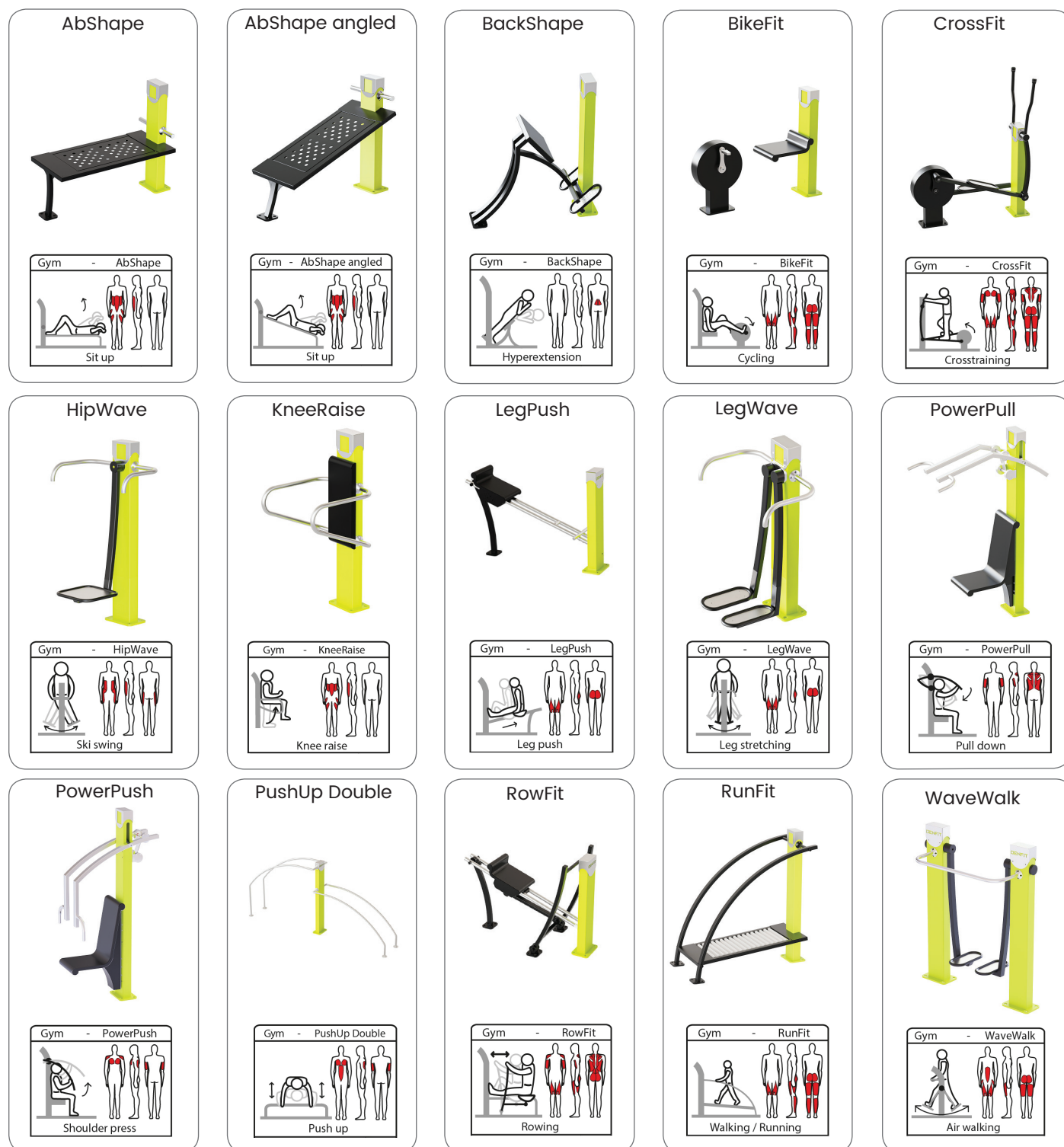




UrbanGym

A modern and contemporary designed product group for every target group, from young and old and from beginner to very experienced athletes. The devices motivate to activity in a social environment and are a feast for the eye in colors that fit the environment. You train with your own body weight as resistance and we have a wide selection of devices for seniors and inclusive users; everyone can work on their health while socializing.

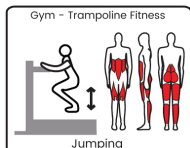
The UrbanGym incorporates a Crossfit style of training where the body is the key to success. Each unit can be used in a variety of ways to execute different exercises and allows you to create urban spaces to facilitate exercise in the open air, free of charge. The UrbanGym products can be delivered with a bent top or straight stainless steel top installed with own floor part, installation frame or directly on concrete.



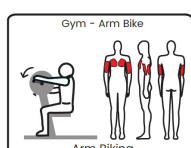
UrbanGym

NEW!

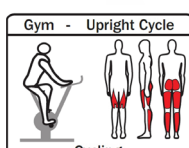
Trampoline Fitness



Arm Bike



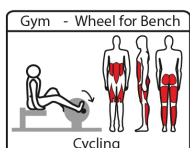
Upright Cycle



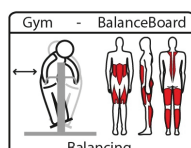
Wheel for bench



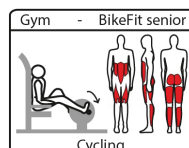
optional adjustable resistance



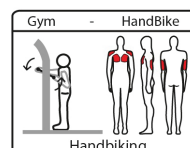
BalanceBoard



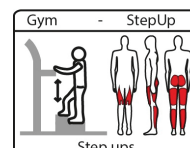
BikeFit Senior



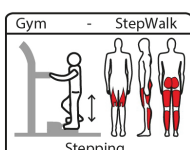
HandBike



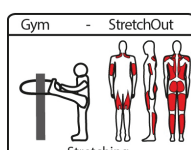
StepUp



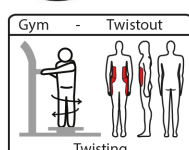
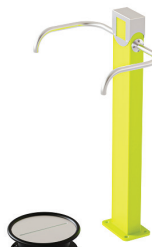
StepWalk



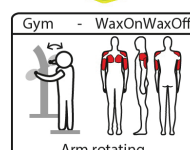
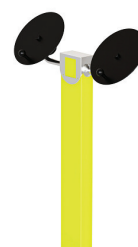
StretchOut



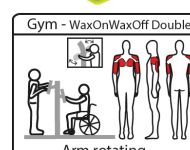
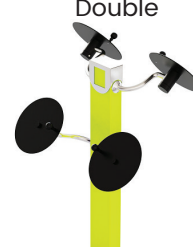
TwistOut



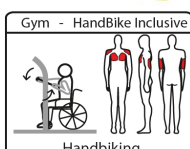
WaxonWaxoff



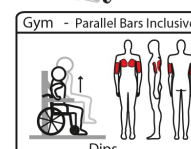
WaxonWaxoff Double



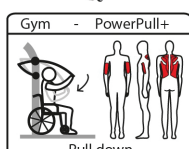
HandBike Inclusive



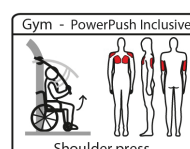
ParallelBars Inclusive



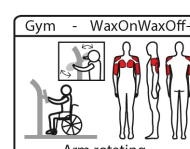
PowerPull Inclusive



PowerPush Inclusive



WaxonWaxoff Inclusive



UrbanGym Senior

UrbanGym Inclusive



UrbanGym Combi's

The UrbanGym combi's are combinations of 2 or 3 UrbanGym products giving lots of training possibilities on limited space. One trains with own body weight as resistance. There are lots of different combinations and all units are available with own floor part, installation frame or can be installed directly on concrete.

For some an individual training is the way to stay on the right track and stay focused, while others prefer to workout together with friends, neighbours, colleagues or total strangers who become training buddies. If you train together on a device, you are quickly in contact and you can motivate each other.

Friendly competition, social interaction, motivation, new ideas and a fixed routine to get fit and stay fit. Building communities with other motivated people being part of a healthy lifestyle.

Working out in the fresh air in a social group environment improves body and mind and quality of life!

Gym combi 1
RowFit-HandBike-BalanceBoard



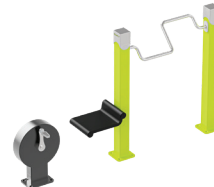
Gym combi 2
LegPush-WaveWalk-TwistOut



Gym combi 3
BikeFit-StepWalk



Gym combi 4
BikeFit-HandBike



Gym combi 5
PowerPull-StepUp-BikeFit



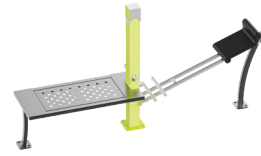
Gym combi 6
PowerPush-RowFit-HandBike



Gym combi 7
RowFit-HandBike-KneeRaise



Gym combi 8
LegPush-AbShape



Gym combi 9
RunFit-TwistOut



Gym combi 10
AbShape-BackShape



Gym combi 11
StepWalk-TwistOut



Gym combi 12
BikeFit-AbShape



Gym combi 13
HipWave-StepWalk



Gym combi 14
WaveWalk-StepWalk



Gym combi 15
StepUp-BalanceBoard



Gym combi 16
LegPush-WaveWalk-StepWalk



UrbanGym Combi's



Gym combi 17
PowerPull inclusive-PowerPush



Gym combi 18
PowerPull-PowerPush inclusive



Gym combi 19
Stepwalk-Balanceboard



Gym combi 20
TwistOut-WaxOnWaxOff



Gym combi 21
BikeFit-PowerPull-Twister



Gym combi 22
RowFit-HandBike-TwistOut



Gym combi 23
WaveWalk-CrossFit



Gym combi 26
CrossFit-BikeFit



Gym combi 27
HipWave-StepUp



Gym combi 28
CrossFit-WaveWalk-BikeFit



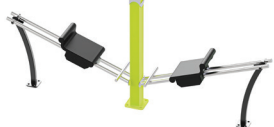
Gym combi 30
WaveWalk double



Gym combi 31
CrossFit double



Gym combi 32
LegPush double



Gym MultiMax-2
PowerPush-PowerPull



Gym MultiMax-4
PowerPush-PowerPull
LegPush-BikeFit

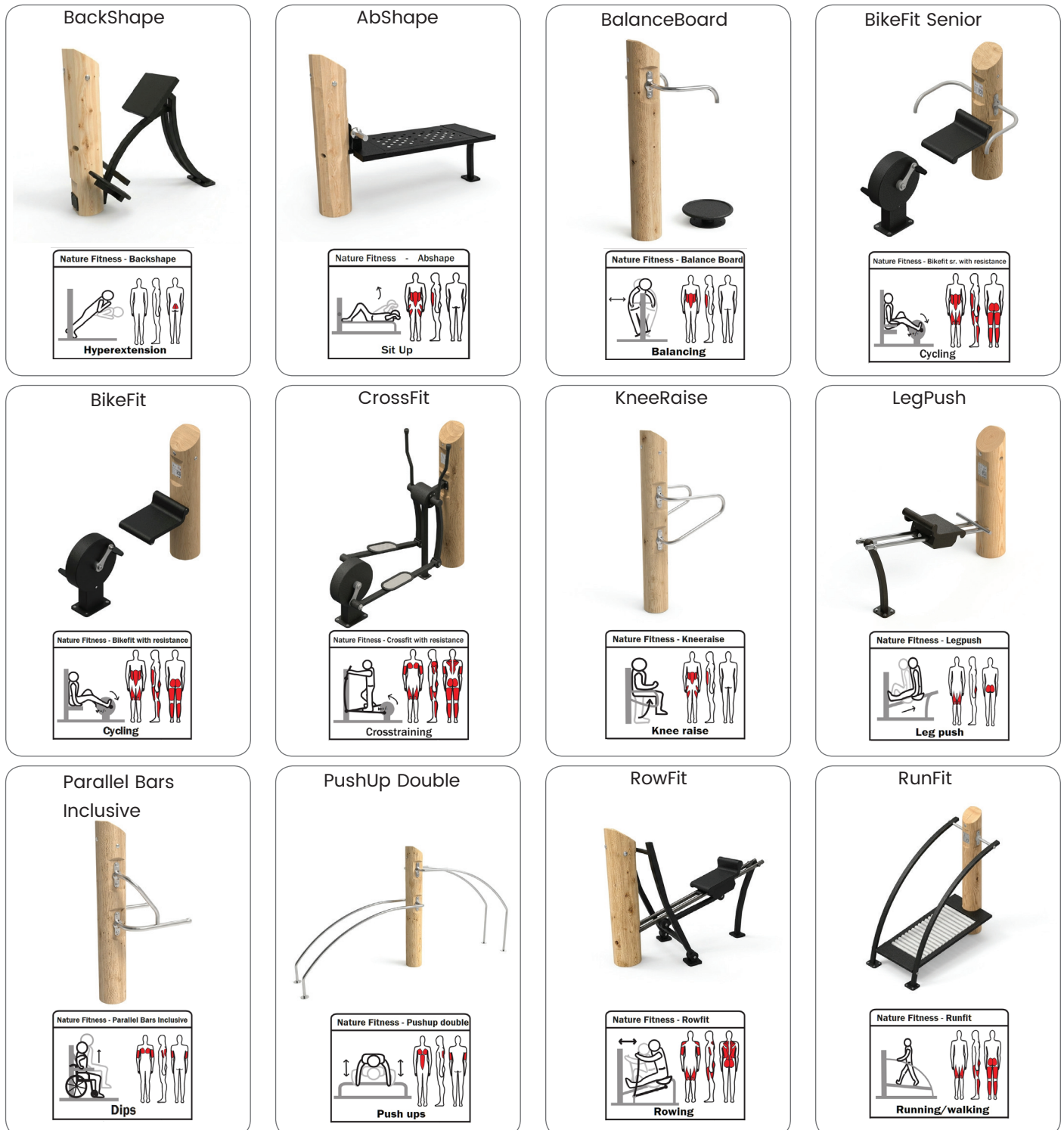




Nature Fitness

Being in the forest while doing a workout on Denfit Nature Fitness makes you feel that you are a part of nature itself. Connecting the dots without wifi while working on your healthy lifestyle. The stress reduction you get here will become part of your daily life.

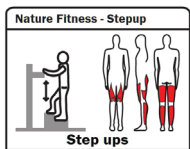
Nature Fitness is the next step to a more ecological way of thinking. When you choose Nature Fitness, you opt for ecological, sustainable and environmental friendly responsible wood with the FSC® certificate! Each unit can be used in a variety of ways to execute lots of different exercises for users of all abilities and ages. The Nature Fitness is a body weight resistance based training system which incorporates a crossfit style of training where the body is the key to success. With Nature Fitness you are able to create urban spaces with a natural look.



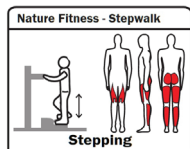
Nature Fitness



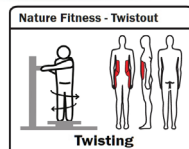
StepUp



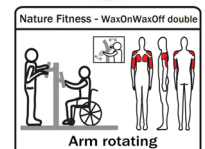
StepWalk



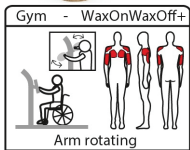
TwistOut



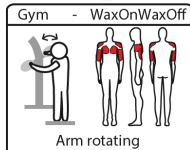
WaxOnWaxOff
Double



WaxOnWaxOff
Inclusive



WaxOnWaxOff



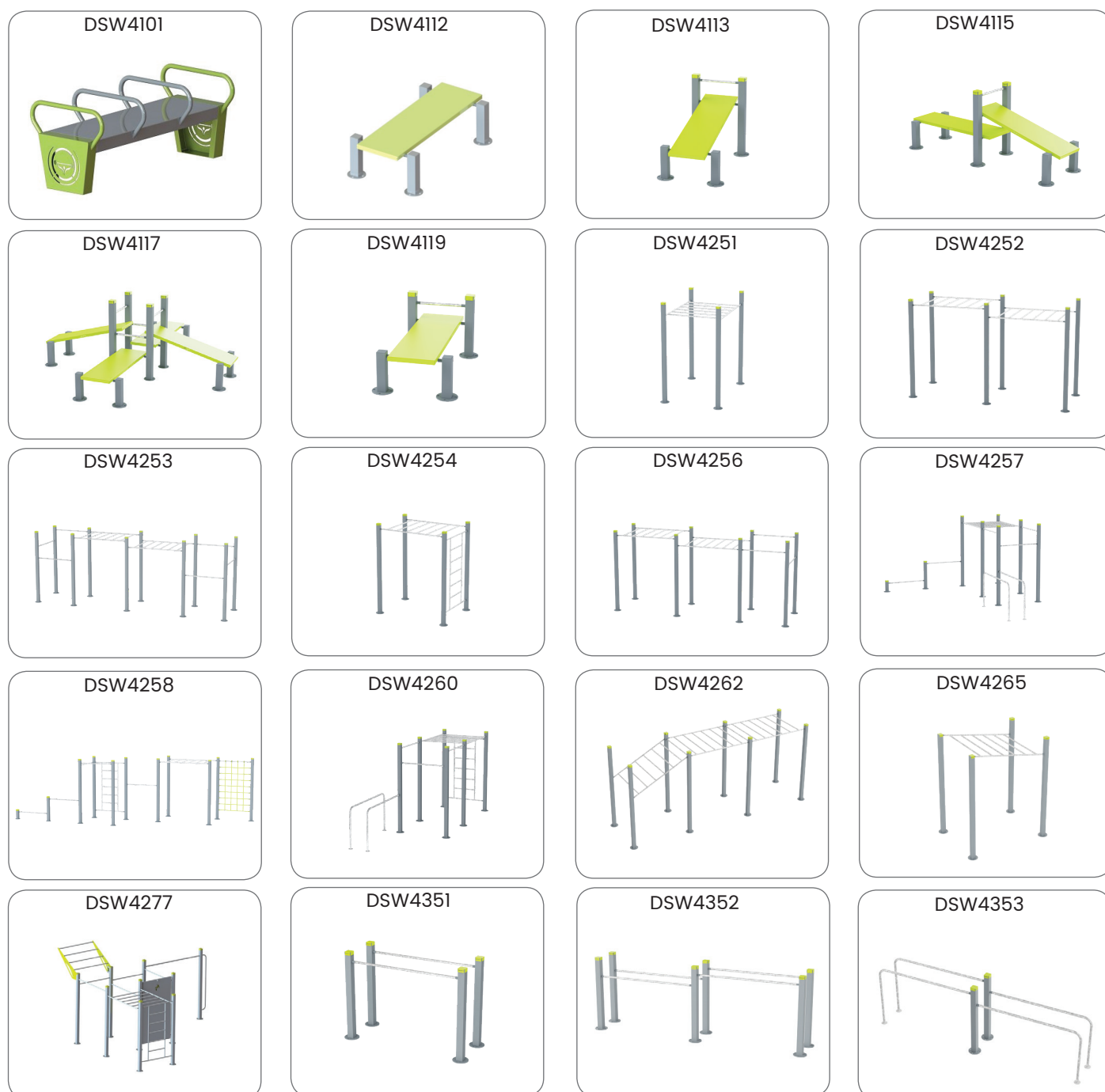


StreetWorkout & Calisthenics

This static and gymnastic product group consisting of more than 70 basic devices, which can all be combined with each other in order to create an optimal training location.

StreetWorkout/Calisthenics is a combination of athletics, calisthenics, and sports all with the goal of building a strong and supple body. There are many streetworkout teams/communities and organized competitions. The possible exercises are endless and are all part of an elegant and difficult way of training. Practice on the smaller parallel bars and low push up bars first, and later show your skills on the bigger devices. The sky is the limit and the challenge is endless.

Before you can do the human flag or muscle up you need a lot of practice and help and support from training buddies. The challenging way of training connects people because training and learning with each other is part of the fun and it motivates a healthy lifestyle.



StreetWorkout & Calisthenics

DSW4354



DSW4355



DSW4451



DSW4452



DSW4453



DSW4455



DSW4456



DSW4457



DSW4459



DSW4460



DSW4461



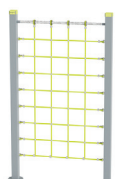
DSW4462



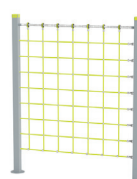
DSW4463



DSW4464



DSW4467



DSW4465



DSW4474



DSW4477



DSW4551



DSW4552



DSW4553



DSW4556



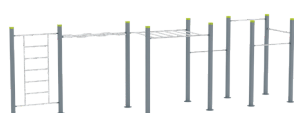
DSW4557



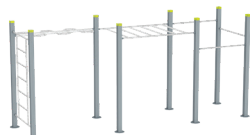
DSW4558



DSW4559



DSW4560



DSW4564



DSW4565



StreetWorkout & Calisthenics



DSW4567



DSW4568



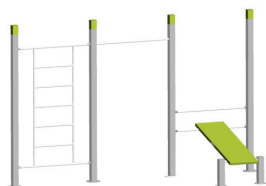
DSW4571



DSW4572



DSW4573



DSW4574



DSW4585



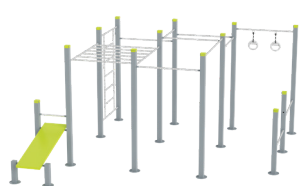
DSW4586



DSW4588



DSW4593



DSW4651



DSW4652



DSW4653



DSW4654



DSW4658



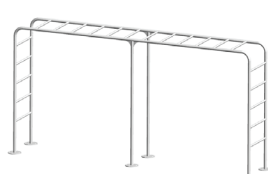
DSW4951



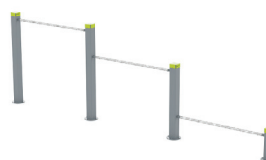
DSW4953



DSW4954



DSW4955



DSW4956



Punching bag not included

StreetWorkout & Calisthenics

DSW4957

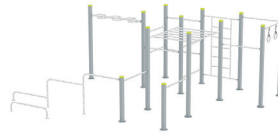


DSW4958

DSW4959



DSW4961



DSW4962



DSW4964-4965-4966
300mm -500mm -700mm



DSW4967



Punching bag not included

DSW4979



DSW4992



NEW! Interactive Freemove



DSW4854

- An exciting 360° interactive game for teenagers and adults.
- 4 games: Speed test, Lights out, Follow the light and Reaction.
- Perfect for youngsters who are too cool for a swing and too young for the gym.
- Have fun by sharing different games with (school-)friends.
- Challenge your friends/family/neighbours and compete against each other.
- Enjoy games and exercise at the same time.
- The unit still offers a full set of streetworkout/calisthenics exercises: pull up bars, monkey bars, climbing bars, wavebar, wall, TRX rings and parallel bars.



Crosstraining

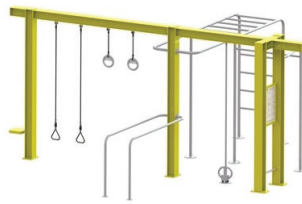
Crosstraining is a training routine that involves several different types of exercise. This works more muscle groups, improves agility, and makes it easier to participate in a variety of recreational sports. Crosstraining may serve to improve specific aspects of your fitness or performance that can lend a hand to your primary sport.

Crosstraining doesn't have to be super intense, though. At its core, it's all about pairing workouts that will support each other. When you run, you're constantly working your legs and arms, but to become a faster, stronger runner, that's where crosstraining comes in. Crosstraining can be a high or low intensity exercise and is different than just tacking on more miles.

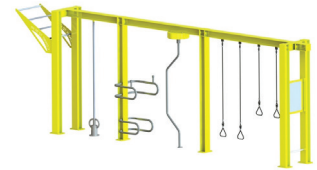
CROSSTRAINING PRO 1



CROSSTRAINING PRO 1.1



CROSSTRAINING PRO Fusion



CROSSTRAINING PRO TRX



CROSSTRAINING PRO Core



CROSSTRAINING PRO Pull ups



CROSSTRAINING PRO Power



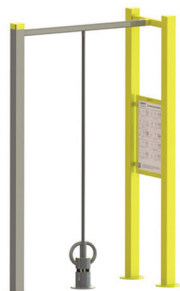
CROSSTRAINING Aero TRX+



CROSSTRAINING Aero TRX light+



CROSSTRAINING Aero Dumbbell+



CROSSTRAINING Aero Dumbbell



NEW!

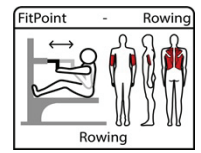
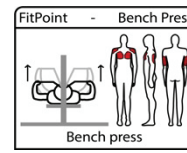
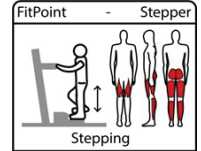
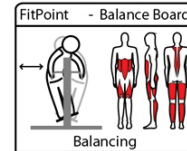
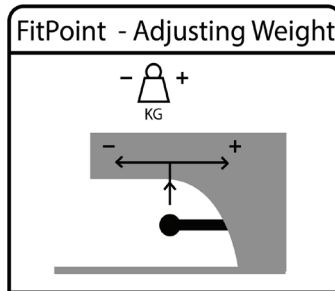


FitPoint & Pacewalk

The Fitpoint and Pacewalk are perfect when the available space is limited and make the perfect solution for developing fitness zones in urban environments, even in the city centre.

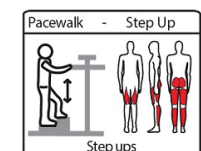
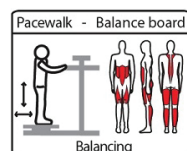
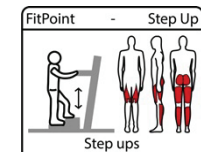
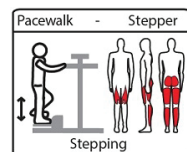
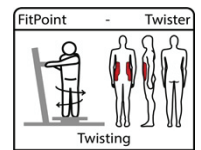
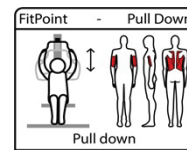
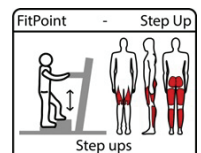
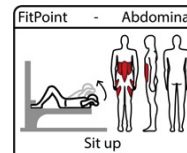
The Fitpoint offers 8 different exercises, 3 of them with adjustable resistance. With its own floor, fully preassembled it is easy to install and relocate with a lifting eye on the rooftop. The FitPoint is interesting for youth to gather but also very accessible for elderly to be social and active in the healthy open air. This tailor made circuit can test even the fittest athletes.

The Pacewalk is the perfect solution for residential areas, near a play area or running track, hosting 4 users at the same time focussed on training the lower body while chatting away with the other users.



Adjustable weights in 5 steps:

- Step 1 30 kg resistance
- Step 2 23 kg resistance
- Step 3 17 kg resistance
- Step 4 7 kg resistance
- Step 5 2 kg resistance

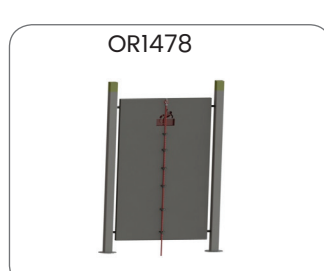
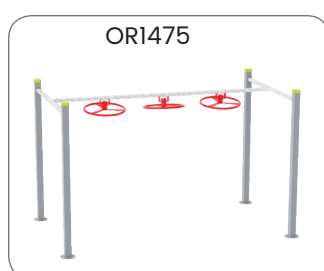
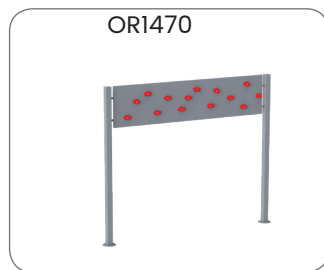
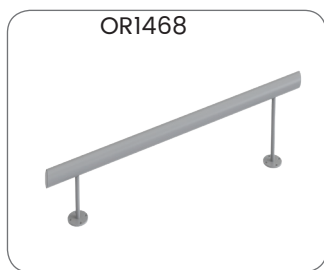
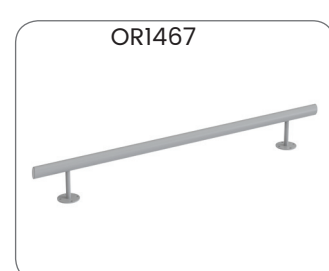
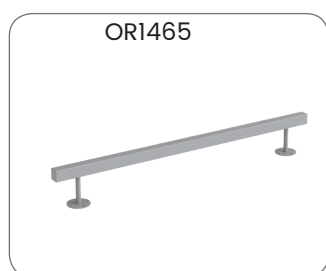
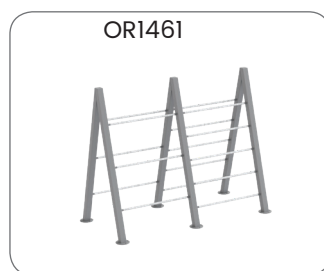
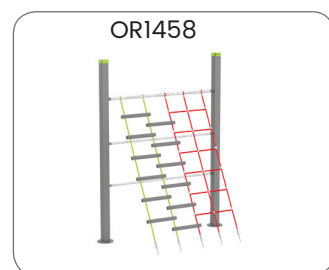
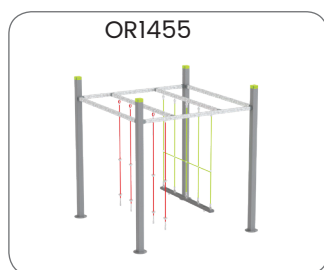
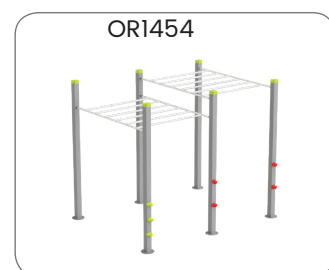
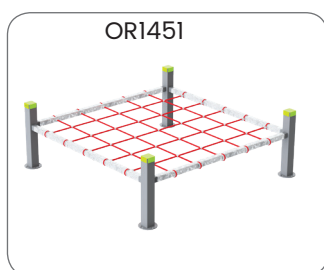




Obstacle Trail & Ninja Warrior

With our wide range of challenging and exciting devices with elements for running, climbing, jumping, balancing and crawling you can easily create a customized obstacle course. It brings us back to a natural way of moving that gives more happiness, pleasure and better health, in a time when we grow up with technology and social media and in which we move less and less.

A trail preferably has two different levels of difficulty, making it perfect for young and old and strong and less strong. It is not the final goal that counts but the road towards to it.



Obstacle Trail & Ninja Warrior



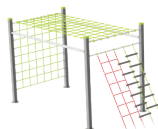
OR1479



OR1480



OR1481



OR1482



OR1483



OR1485



Example track



NW2051



NW2052



NW2053



NW2054



NW2055



NW2056



NW2057



NW2058



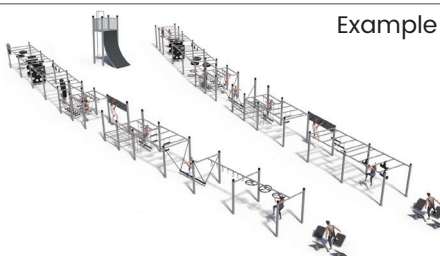
NW2059



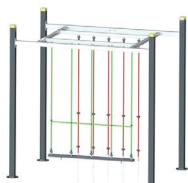
NW2060



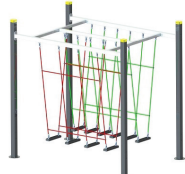
Example track



NW2061



NW2064



NW2065



NW2066

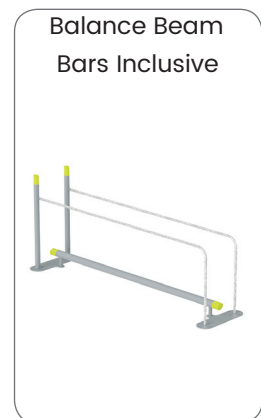
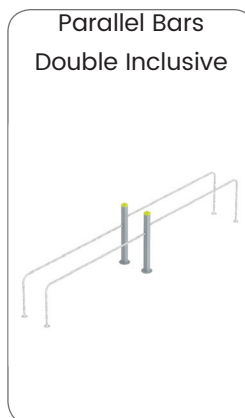
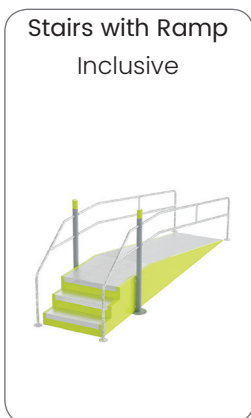
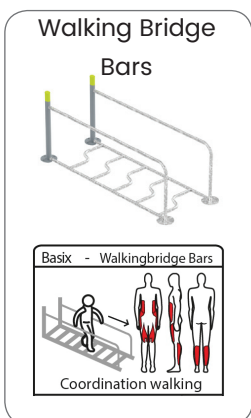
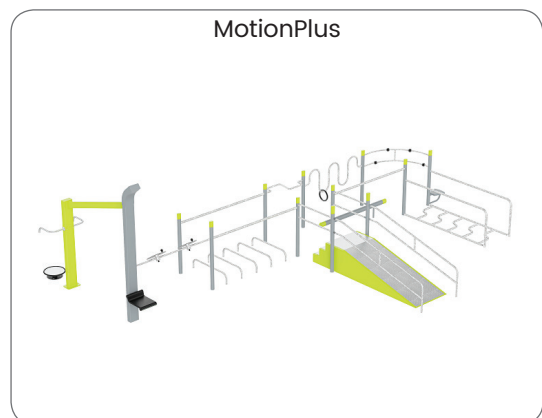
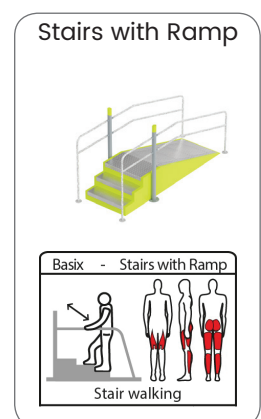
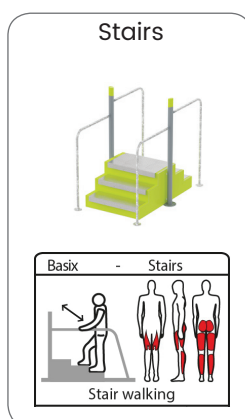
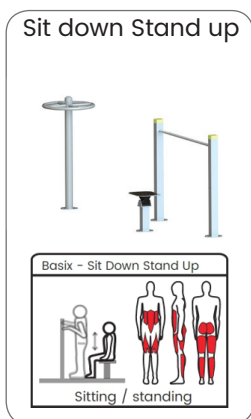
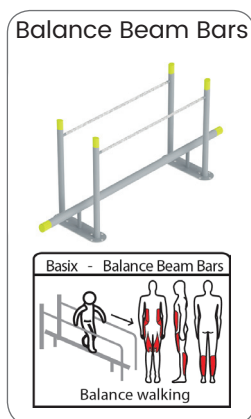
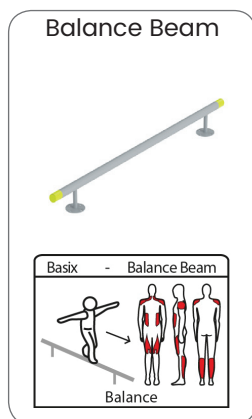
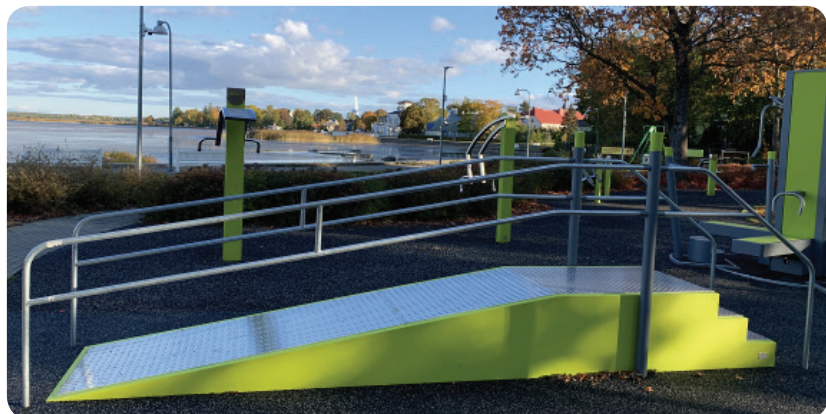
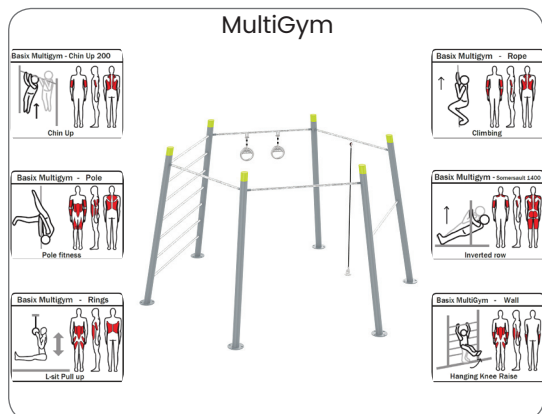




BasixFit

Denfit BasixFit consists of static devices that work on all muscle groups and that form a perfect workout for everyone. Public spaces and parks are enhanced by these stylish installations which provide the community with the opportunity to exercise, socialize and enjoy the outdoors all at once.

Some of the BasixFit units are specifically designed for seniors to keep fit and healthy, while at the same time enjoying social interaction. Building strength and flexibility through the use of Denfit BasixFit reduces the risk of falling of older people, leading to a better quality of life.



Instruction board

Our specially designed instruction board is standard equipped with the Denfit logo. On request we can laser cut the customer logo, name or location in it to complete the fitness area. The frame is made of ceramic pearled stainless steel but can be coated in any of our standard 16 colors.



Custom made options

Due to our flexibility and short lines we are a master in creating custom made equipment. In our Custom made section on the website you will find a wide selection for inspiration. So, if you have special wishes we can make it happen. These are a few very exclusive ones:



Used materials

Almost all of our parts are high quality steel, hot dipped galvanized and coated or zinc sprayed and coated. Our stainless steel finish is ceramic pearled which is an exclusive matte finish.

Our bearings are mostly stainless steel. We don't use any plastic bearings. Our products contain as little as possible rotating parts and most rotating parts are inside the equipment.

The floors are hot dipped galvanized steel with a wet pour covering.

The crosstraining frame is made of HEA profile in 16mm thick hot dipped galvanized powder coated steel. Tubes are of hot dipped galvanized steel or ceramic pearled stainless steel. Magnetic Dumbbells, and rings are stainless steel ceramic pearled.

Colors and coating



We color the environment with our diversity of standard colors for our products.

We only use exclusive, high quality structured coating.

We have 16 standard colors from which 3 are special Sablé coatings with a metallic finish.

Our coating process is a combination of hot (zinc) dipped galvanization & powdercoating (=C4) and zinc spray & powdercoating (=C3). Optional we can do C5 protection.

****NOTE:** Dark colors absorb more radiated heat from the sunlight while lighter colors reflect it**

USP'S

- Striking, different and recognizable modern design
- High quality and service – 100% quality approach
- Family run business since 2001
- Lifetime guarantee on steel construction
- Small and quick-witted organization (short lines)
- Easy installation with own floor or special designed installation frames
- Outdoor Fitness is our core business which makes us experts
- Worldwide experience with different climates and social surroundings
- Custom-made products (check out our website)
- Each station offers multiple exercises





DENFIT IS PROUDLY MANUFACTURED AND DESIGNED IN THE NETHERLANDS

**For questions and more information:
info@denfit.eu / www.denfit.eu**

Certified according to EN16630